

A Conference of Joy

Agenda

Friday: Arrival and Foundations

Theme: Laying the groundwork for transformation through the Great Exchange.

- **10:00 AM - 10:30 AM:** Welcome and Opening Prayer
Greet participants, share the vision for the Inner Beauty Renewal, and open with a group prayer for God's guidance.
- **10:30 AM - 11:15 AM:** Worship and Bible Study
Focus: Songs and Scriptures on God's transformative love (e.g., Isaiah 61:3, 2 Corinthians 5:17). Group discussion to set the tone.
- **11:15 AM - 12:15 PM:** Teaching Session - The Great Exchange
Explore replacing beauty for ashes, joy for mourning, and casting cares on the Lord. Interactive reflection on personal application.
- **12:15 PM - 1:15 PM:** Lunch and Fellowship
Casual meal to encourage introductions and connection among participants.
- **1:15 PM - 3:00 PM:** Horse Activity, **Raindrop appointments (1PM, 1:45PM, 2:30PM)**
Guided trail ride or horse interaction (e.g., grooming, basic riding). Emphasize trust and God's creation. Non-riders can walk trails or assist.
- **3:00 PM - 3:30 PM:** Break
Refreshments and unstructured time for rest or small-group conversations.
- **3:30 PM - 4:30 PM:** Teaching Session - Emotions are Molecules
Discuss the science of emotions, the body's response to stress, and dangers of prolonged fight-or-flight mode. Connect to biblical peace (Philippians 4:6-7).
- **4:30 PM - 6:00 PM:** Free Time and Fellowship
Optional activities (e.g., board games, walks) to build community. Venue spaces open for relaxation.
- **6:00 PM - 7:00 PM:** Dinner
Group meal with a short testimony or sharing time to deepen connections.
- **7:00 PM - 8:00 PM:** Evening Worship and Prayer
Worship songs and guided prayer focusing on surrendering burdens to God. Close with quiet reflection.
- ****8:00 PM - **:** Optional Fellowship
Campfire (if available) or indoor gathering for informal chats. Lights out by 10:00 PM.

Saturday: Deepening Connection

Theme: Growing in intimacy with God and community.

- **8:00 AM - 9:00 AM:** Breakfast
Casual meal to start the day.
- **9:00 AM - 9:30 AM:** Morning Prayer
Group prayer to invite the Holy Spirit's guidance.
- **9:30 AM - 10:15 AM:** Worship and Bible Study
Focus: Scriptures on hearing God's voice (e.g., John 10:27, 1 Kings 19:11-13). Small-group discussions.
- **10:15 AM - 11:15 AM:** Teaching Session - Hearing the Voice of God
Practical teaching on discerning God's voice through prayer, scripture, and stillness. Includes a short guided listening exercise.
- **11:15 AM - 12:15 PM:** Swimming and Fellowship (one raindrop appointment)
Pool time for swimming or lounging. Encourage group games (e.g., water volleyball) to build camaraderie.
- **12:15 PM - 1:15 PM:** Lunch
Group meal with a focus on sharing insights from the morning.
- **1:15 PM - 3:00 PM:** Free Time for Reflection or Activities Raindrop appointments (1PM, 1:45PM, 2:30PM)
Options: Journaling (prompts provided), nature walks, or additional horse time. Spiritual director available for one-on-one prayer.
- **3:00 PM - 3:30 PM:** Break
Refreshments and rest.
- **3:30 PM - 4:30 PM:** Teaching Session - Joy for the Win
Explore choosing joy as a biblical principle (Nehemiah 8:10) and its role in spiritual resilience. Interactive joy-building activity (e.g., gratitude sharing).
- **4:30 PM - 6:00 PM:** Group Activity - Creative Expression
Art or writing workshop to reflect on teachings (e.g., create a "beauty for ashes" collage).
- **6:00 PM - 7:00 PM:** Dinner
Group meal with a celebratory tone, encouraging participants to share moments of joy from the day.
- **7:00 PM - 8:00 PM:** Evening Worship and Prayer
Worship session with a focus on joy and God's presence. Close with corporate prayer for breakthrough.
- ****8:00 PM - **:** Optional Fellowship
Board games or stargazing (weather permitting). Lights out by 10:00 PM.

Sunday: Celebration and Sending

Theme: Equipping participants to carry joy and transformation forward.

- **8:00 AM - 9:00 AM:** Breakfast
Final group meal to reflect on the weekend.
- **9:00 AM - 9:30 AM:** Morning Prayer
Prayer for empowerment and application of lessons learned.
- **9:30 AM - 10:15 AM:** Bible Study
Focus: Scriptures on living out transformation (e.g., Romans 12:1-2, Galatians 5:22-23).
Group sharing on takeaways.
- **10:15 AM - 11:15 AM:** Final Teaching Review
Recap key teachings (Great Exchange, Emotions, Hearing God, Joy). Practical steps for applying at home.
- **11:15 AM - 12:15 PM:** Swimming or Free Time
Final pool session or option for quiet reflection. Fellowship encouraged.
- **12:15 PM - 1:15 PM:** Lunch
Closing meal with a time for participants to share testimonies or commitments.
- **1:15 PM - 3:00 PM:** Horseback Riding or Group Activity
Final horse activity (e.g., short ride or horse care) or alternative group game (e.g., team-building exercise).
- **3:00 PM - 3:30 PM:** Break
Refreshments and packing preparation.
- **3:30 PM - 5:00 PM:** Closing Worship and Commissioning
Extended worship, prayer, and a commissioning ceremony to send participants out with joy and purpose. Includes anointing in or blessing (if appropriate for your tradition).
- **5:00 PM - 6:00 PM:** Farewell and Departure
Group photo, final goodbyes, and departure.

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